

# **ROAD MATTERS** THE MONTHLY NEWSLETTER

PROVIDING COMMUNITY EDUCATION THAT CREATES RESPONSIBLE ROAD USERS AND SAFER COMMUNITIES.

### **Road Trauma: Beyond the Crash**

When people think about a crash, they can focus on the immediate aspects. How scary it might be, the pain, the shock, if you'll survive, if anyone else might be hurt, and maybe even a thought about what might become of your car. However, road trauma is more than the moment of impact.

There is both physical and mental recovery that needs to happen, which often involves a number of different practitioners and supports, there can also be things like insurance claims and legal repercussions.



This also means there are a number of ways in which people within the community can contribute, whether it's giving someone a lift while they are without a car, volunteering at a hospital, fundraising for mental health services, or even donating blood. That's why we are encouraging people to participate in initiatives like World Blood Donor Day to raise awareness and help save lives through blood donation.

When we talk about road trauma, we want people to think of all that is involved, and not just the immediate consequences.



### **NEWS UPDATE**

#### **Registration Fees by Emissions in ACT**

Starting July 1 2024, the ACT will implement a new registration scheme to target car emissions which will see registration fees based on a car's emission category rather than its weight, which has been the previous system.

There are six categories that vehicles can be placed into based on how many grams of carbon dioxide, or CO2, the vehicle produces per kilometre.

The ACT government has said that this will see a reduction in registration fees for most people within the territory and that the fee increases between the previous weight-based system and the new emission system has been capped at \$50.

#### WHAT'S ON NEXT MONTH?



Did you know that over 90% of road collisions are due to human factors and can be avoided? In July we will be covering the Fatal Five Factors that contribute to deadly road crashes.

We will be discussing fatigue, speed, driving under the influence, seat belts and helmets, and distraction.

We would love to hear from you guys about the ways that you can overcome the Fatal Five, please feel free to shoot us a message or comment on any of our social media posts.

#### MONTHLY ROAD FACT

**DID YOU KNOW?** 

Unfortunately, last month we saw that Australia's road deaths have continued to climb since 2016 and that they had increased 7.8% since 2022, despite the rate of population growth during that same period only being

How many lives were lost on Australian roads in 2023?

> A) 1294 B) 1156

D) 1184 C) 1272

TRAFFIC OFFENDER INTERVENTION PROGRAM

ONE-DAY \$185 BEHAVIOURAL CHANGE PROGRAM

BOOK TOIP HERE

#### **DRIVE IT HOME**

WHS PROGRAM FOR OCCUPATIONAL DRIVERS

FIND OUT MORE

### **ROAD TIP OF** THE MONTH

When you know that you will be out and having a few drinks make sure that you have a safe plan on how to get home. Obviously, if you believe you may be over the limit or just feel inhibited then you shouldn't get behind the wheel, but opting to walk home is not always a clear solution. Over 30% of pedestrians killed on the road have a BAC of 0.05 or above, plus you can still face fines for being intoxicated in public.

WHAT IS YOUR PLAN B?

Ensure that you have a reliable plan on how to get home safely.

#### **JULY 2024** Sun Mon Tue Wed Thu Fri Sat 6 13 10 11 12 20 16 17 27 23 24 30 31 29 July: Fatal Five

## **KEY DATES + EVENTS TO REMEMBER**

15th

30th

**NAIDOC** Week

**Wear it Purple** 

**World Youth Skills Day** 

**National Farm Safety Week** 

**World Population Day** 11th



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