



ROAD MATTERS

THE MONTHLY NEWSLETTER

PROVIDING COMMUNITY EDUCATION THAT CREATES RESPONSIBLE ROAD USERS AND SAFER COMMUNITIES.

THIS MONTH: Fatigue

This month we focused on spreading awareness about the significant impact fatigue has on people, and how it contributes to one’s driving ability.

Fatigue is one of the most overlooked Fatal Five Factors even though it continues to be one of the biggest killers on the roads, contributing to 20-30% of all crashes in Australia.

Some of the key warning signs of fatigue appear as, increased yawning, slow blinks, constant shifting in your seat, poor concentration, and more frequent changes in your speed.

Our goal this month was to help combat this by continuing to educate the community of how fatigue can impair your ability to drive and the best way to recognise and deal with it.

Ensuring that you take appropriate breaks while driving, having nutritious and sufficient meals, and keeping hydrated are all key steps. Most importantly, you need to hold yourself responsible and not get behind the wheel when you notice the signs of fatigue.



WORKPLACE ROAD SAFETY

Drive It Home Just Got Even Better!

We’re excited to introduce Block 2 – Vehicle Operation & Communication Skills. The 3 modules are in addition to our Drive It Home program! This new block offers complementary modules for both employees and managers, helping to build safer and more confident drivers.

What’s Included?

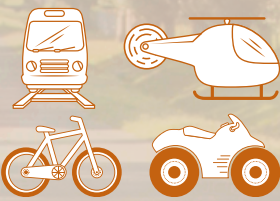
- ✓ Country & Highway Driving
- ✓ Vehicle Loads & Dynamics
- ✓ Effective Communication & Teamwork in Road Safety

Available in Virtual Classroom (up to 3 hours) or Self-Paced Online (approx. 2 hours).

This upgrade makes Drive It Home an even more powerful tool for workplace driver safety. Plus, it can be easily integrated into your staff induction or ongoing WHS training.

- 👉 Learn more [HERE](#)
- 📺 Watch our video about Drive It Home [HERE](#)

WHAT’S ON NEXT MONTH?



Next month we’re going to be discussing alternative transport.

Often when talking about road safety most people think of cars and drivers and stop there.

However, pedestrians, cyclists, skateboarders, and even someone hopping along on a pogo stick are all road users and have different concerns when it comes to being a safe one.

We will look into alternative modes of transport, why someone might take them, and how to be safe for yourself and everyone else while using them.

MONTHLY ROAD FACT

DID YOU KNOW?



With our vast landscape, it is no surprise that most of us feel it is necessary to at least know how to drive, let alone have access to a vehicle. However, more car use means the need for larger car parks, and Australia’s largest is ranked among the biggest worldwide with 25,000 parking spaces.

Which of the below has Australia’s largest car park?

- A) Chadstone Shopping Centre
- B) Brisbane Airport
- C) Melbourne Airport
- D) Sydney Olympic Park

ANSWER : C

TRAFFIC OFFENDER INTERVENTION PROGRAM

ONE-DAY \$185 BEHAVIOURAL CHANGE PROGRAM

BOOK TOIP HERE

THREE SECONDS CAN SAVE YOUR LIFE

Maintaining a three-second safety gap between you and the car in front can be all it takes between coming to a stop or being involved in a collision. To count a three-second gap, we recommend using a landmark on the road, such as a speed sign, and counting three full seconds between the time the car in front’s rear wheel passes the landmark and when your front wheels reach it. If you reach the landmark too soon, increase your distance.

Remember, even if it feels burdensome to maintain, it doesn’t mean that you should skip it.


ROAD TIP OF THE MONTH



KEY DATES • EVENTS TO REMEMBER

- 3rd

World Wildlife Day
World Hearing Day
- 14th

World Sleep Day 
- 8th

International Women’s Day
- 21st

Ride 2 School Day

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