



ROAD MATTERS

THE MONTHLY NEWSLETTER

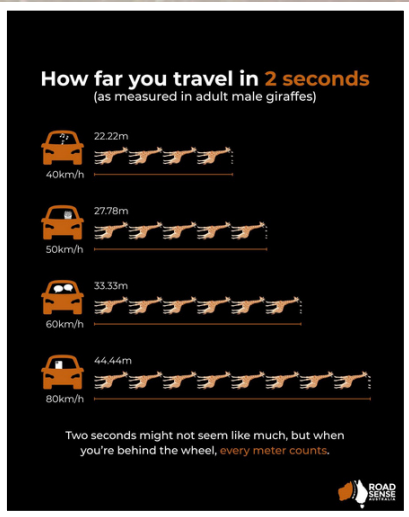
PROVIDING COMMUNITY EDUCATION THAT CREATES RESPONSIBLE ROAD USERS AND SAFER COMMUNITIES.

THIS MONTH: Fatal Five

Being under the influence of drugs or alcohol, not correctly wearing a seatbelt, helmet or riding clothing, travelling at an inappropriate speed, being fatigued, and being distracted are the leading human causes of collisions on Australian roads; these factors make up the Fatal Five.

We can go over how not wearing a seatbelt increases your chances of death by 15 times in a rollover crash, how the risk of a collision being fatal increases with speed, that being distracted for even short amounts of time means travelling significant distances blind, that being awake for more than 17hrs can leave you as impaired as having a 0.050 BAC, or that even prescription medications can make it unsafe to drive, but you already know that these behaviours are dangerous, so we want to focus on prevention.

All of these factors can be reduced by doing a couple of basic things. The first is take your time to prepare. Ensuring that you have everything you need, leaving early enough to get to your destination on time to avoid the temptation of speeding, and thinking about if you are in the right space to drive is the first step. The second is stopping when something isn't right, no matter how inconvenient it is.



Operation Engage: Police Issue Over 70 Infringements

Between 4pm on Saturday the 25th of July and 2am Sunday the 26th of July, multiple agencies in the Botany Bay area, about an hour south of Sydney, completed Operation Engage, focused on high-risk driving along the foreshore, resulting in five arrests and 67 infringements being issued.



Specifically focused on targeting dangerous driving, excessive speed, and anti-social behaviour, NSW police, Transport for NSW, and the NSW Environment Protection Authority completed 102 random breath tests, 32 roadside drug tests, and inspected 40 vehicles.

Over the 10-hour period, 78 infringement notices were issued, along with 10 red, 18 yellow, and 15 (without a label) defect notices. Further, five arrests were made.

An 18-year-old male P plate driver was issued three infringement notices for driving an unregistered vehicle, driving an uninsured vehicle, and driving without displaying his P plates. A 22-year-old female driver was issued an infringement for driving in excess of 45km/h over the limit and her licence was suspended for six months after allegedly travelling 130km/h in a 70km/h zone along General Holmes Drive in Kyeemagh.

WHAT'S ON NEXT MONTH?

We will be focusing on Youth Road Safety Education in August.

First, we will be looking at the data around young road users and seeing if anything stands out. We will also look at what skills are important for youth to have to be safe road users and when in their life might they need these skills.

Finally, we will talk about the influence adults have in shaping behaviours and attitudes towards road safety and how we can best use it.



MONTHLY ROAD FACT

DID YOU KNOW?

Competition is something that has always been around, and it should come as no surprise that motor races began to be held quickly after the early-stage inventions of the modern car. What's believed to be the first public race took place from Pont de Neuilly in Paris to Versailles. Georges Bouton and the Marquis Albert de Dion won the race, covering the 20km distance in just 1 hour and 14 minutes. Though it is worth noting that they were the only entry.

What year did this race take place?

- A) 1895
- B) 1885
- C) 1887
- D) 1897

ANSWER: C

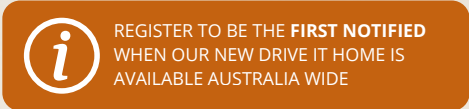
TRAFFIC OFFENDER INTERVENTION PROGRAM

ONE-DAY \$190 BEHAVIOURAL CHANGE PROGRAM



DRIVE IT HOME

WHS PROGRAM FOR OCCUPATIONAL DRIVERS



ROAD TIP OF THE MONTH

Lead-acid batteries are one of the most common types used in cars, and while they might not last forever, there are some ways that you can extend their lifespan. A key aspect to be aware of is that these batteries deteriorate more quickly if they are kept low on charge for extended periods of time. A simple way to avoid this is to drive your car regularly and limit battery-draining activities such as having the lights on while the engine is off. Further, taking longer drives helps to ensure that the battery is getting the charge needed because the battery will gain charge while driving/the engine is idling, but it will use the most amount of energy when starting the engine.

Regularly driving your car for at least 30 minutes can help extend the lifespan of its battery.

HOW DO YOU LOOK AFTER YOUR CAR'S BATTERY?



KEY DATES • EVENTS TO REMEMBER

12th August

International Youth Day

17th August

Brain Injury Awareness Week

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