

BICYCLE SAFETY

For kids

DON'T FORGET

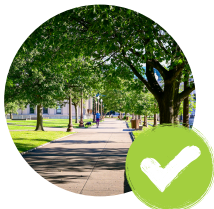
Rules to Remember:

1. If you are under the age of 16, you can ride your bike on footpaths, unless there is a sign saying no bicycles.
2. People over 16 can ride on a footpath if they are riding with you.
3. Shared paths can be used by both bike riders and people walking. Bikes must not get in the way of people walking.
4. When riding your bike, either on the road or a path, you need to stay to the left-hand side.

Checklist:

- ☐ Wear a helmet
- ☐ Put bright clothes on so people can see you
- ☐ Make sure you wear shoes that cover your toes
- ☐ Make sure your shoelaces are tied
- ☐ Hold the handlebars with both hands
- ☐ Your bike has a bell
- ☐ Are you ready to ride safely with all equipment checked

Do ride your bike:



At the park



With an adult

Don't ride your bike:



On the road



On the driveway

Check your surroundings:

- Make sure you are not somewhere a car may drive
- Keep an eye out for things that could make riding dangerous, like big rocks on the ground

